

**County/Sponsor:** Hampshire - Romney ES

**Contact Person:** Nicole Morris

## Action Work Plan for School Year 2019-2020 Issue Area:

- (Check One)  Nutrition Promotion and Education  Nutrition Guidelines  
 Physical Activity  Other School-Based Activities to Promote Student Wellness

*(Areas of focus may include, but are not limited to: Strengthening Local Wellness Councils & Policy, Public Notification, Fundraising, Breakfast Strategies, Scratch Cooking, Healthy Snacks, Farm to School, Share Tables, Feed to Achieve, Smarter Lunchrooms, School Gardens, After School Running Clubs)*

**Goal:** Romney Elementary students will participate in activities that promote nutritional education, physical activity, and overall student wellness.

**Objective:** Students at Romney Elementary will learn about and participate in activities that promote nutritional education, physical activity, and overall student wellness for a minimum of six times during the 2019-2020 school year.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Vision screening	Kelly Sions	September 2019 and ongoing for incoming students	Kelly Sions
Handwashing program with all Pre-K, Kindergarten, and 1st Grade students.	Kelly Sions	October 2019	Kelly Sions
Student health information reviewed with teachers as needed for students with specialized health needs.	Kelly Sions	August 2019	Kelly Sions, Nicole Morris
Height and weight screenings for Pre-K	Kelly Sions	September 2019	Kelly Sions

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Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Nurse stationed at RES daily	Kelly Sions	Daily, throughout the year	Kelly Sions, Rhonda Dante
Dental Health program for lower elementary grades. All students receive sample toothpaste and toothbrush.	Kelly Sions with local dentist	January 2020	Kelly Sions
Growing Up classes for 5th grade.	Kelly Sions, Melissa Santana	April 2020	Kelly Sions
Olweus Class Meetings will be held as bullying prevention to promote students' mental health and well-being.	Melissa Santana	weekly, throughout the year	Melissa Santana, Classroom teachers, Nicole Morris

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**Goal:** Romney Elementary students will participate in activities that promote nutritional education, physical activity, and overall student wellness.

**Objective:** Students at Romney Elementary will participate in activities that provide opportunities for physical activity.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
All students in grade Pre-K through 5th grade are offered recess daily for 30 minutes.	Classroom teachers	daily, throughout the school year	Classroom teachers, Nicole Morris
Minds in Motion Maze - students will participate in the maze at least three times per week.	Classroom teachers	Throughout the school year	Amy Delaplain, Classroom teachers, Nicole Morris
PE program for students 3 days per week for 40 minutes	Corey Haines, Ed Hardinger	3/week, throughout the year	Nicole Morris
Pumpkin Race conditioning for 4th/5th grades	Corey Haines, Ed Hardinger	September/ October 2019	Corey Haines, Ed Hardinger

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**Goal:** Romney Elementary students will participate in activities that promote nutritional education, physical activity, and overall student wellness.

**Objective:** Students at Romney Elementary will participate in activities that provide opportunities for physical activity.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Presidential Physical Fitness Test	Corey Haines, Ed Hardinger	Spring 2020	Corey Haines, Ed Hardinger
PTO Field Day at the end of the year	Nicole Morris, PTO	May 2020	Nicole Morris, PTO Officers and parent volunteers
Color Run Fundraiser	Cindy Price	Spring 2020	Nicole Morris, Cindy Price
Girls on the Run program for 3rd-5th grade girls	Amy Delaplain, Meg Carlin	Fall 2019	Amy Delaplain, Meg Carlin, Heather Davis, Julie Wilson, Adrienne Kesner

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**Goal:** Romney Elementary students will participate in activities that promote nutritional education, physical activity, and overall student wellness.

**Objective:** Students at Romney Elementary will learn about and participate in activities that promote nutritional education.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Breakfast in the classroom for all students every day.	Cindy Parker, Nicole Morris	daily, throughout the year	Cindy Parker, Nicole Morris
Fresh Fruits and Vegetables Grant obtained at RES.	Cindy Parker	September 2019-May 2020	Nicole Morris, Cindy Parker
Farm to School Grant - continue with garden beds; work with WVU and Spring Valley on Pop-Up Farmers Market	Classroom teacher, Nicole Morris	September 2019-May 2020	Nicole Morris