

**County/Sponsor:** John J. Cornwell Elementary **Contact Person:** C. Nicole Morris

## Action Work Plan for School Year 2018-2019 Issue Area:

- (Check One)  Nutrition Promotion and Education  Nutrition Guidelines  
 Physical Activity  Other School-Based Activities to Promote Student Wellness

*(Areas of focus may include, but are not limited to: Strengthening Local Wellness Councils & Policy, Public Notification, Fundraising, Breakfast Strategies, Scratch Cooking, Healthy Snacks, Farm to School, Share Tables, Feed to Achieve, Smarter Lunchrooms, School Gardens, After School Running Clubs)*

**Goal:** To strengthen student awareness to improve and take part in their own nutrition and wellness.

**Objective:** To complete the following activities to 100%

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Health CSOs	PE teacher	throughout the school year	Principal
Handwashing presentation	School Nurse	Fall 2018	School nurse
Dental Health presentation	School Nurse	Fall 2018	School nurse
Red Ribbon Week activities	Guidance counselor	October 2018	Principal

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Pumpkin Race	PE teacher	October 2018	Principal
Fitness Gram	PE teacher	Spring 2019	Principal
Movement integrated into curriculum - brain breaks with Go Noodles, Minds in Motion; Minds in Motion path painted on blacktop	PE teacher and classroom teachers; PTO	ongoing through year	Principal
Fruit and Vegetable Grant - weekly fresh snacks	School custodian	weekly	Principal