

# Action Work Plan for School Year 2015-2016 Issue Area:

Nutrition Promotion and Education

Nutrition Guidelines



(Circle One)

Physical Activity

Other School-Based Activities to Promote Student Wellness

(Areas of focus may include, but are not limited to: Strengthening Local Wellness Councils, Fundraising, Breakfast Strategies, Healthy Snacks, Let's Party Let's Play, Rewarding Success, Feed to Achieve)

Goal:

To decrease absenteeism for staff and students due to health concerns

Objective:

HTS will offer healthy choices to decrease chronic illnesses

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Prostart will prepare fresh fruits & vegetables for salad bar	Jan Meadows	Sept. 2015 - June 2016	Camella Hardinger
Blood pressure checks offered by nursing students	Kristie Long	"	"
PE & Health classes are required to graduate	PE teachers	"	"
Guidance services - 3 counselors on site	Colby Nichols	"	"

Goal: \_\_\_\_\_  
\_\_\_\_\_

Objective: \_\_\_\_\_  
\_\_\_\_\_

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Drug testing for student drivers, athletes, and participating in activities	School nurse, testing company	Sept. 2015 - June 2016	Camella Hardinger
Bullying prevention	Advisory teachers	"	Linda Staub, Colby Nichols