

Action Work Plan for School Year 2017-2018

Issue Area:



Strengthening Local Wellness Councils
(Circle/Underline One)
Healthy Snacks

Eating at School is Cool
Fruitful Fundraising

Let's Party Let's Play

Rewarding Success

Goal: _____ Hampshire High School students will participate in activities that promote nutritional education, physical activity and overall student wellness.

Objective: Students at Hampshire High School will learn about and participate in activities that promote nutritional education, physical activity and overall student wellness for a minimum of 6 times during the 2018-2019 school year.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
1. PE Classes-each student will have to take at least 1 physical education class while at HHS-generally during his/her freshman year.	PE Teacher/Guidance Counselors	August 2018 – June 2019	Administration, Guidance Counselors, and Advisory Teachers
2. Participation in Athletics-students have the option to participate in a wide variety of athletics including: football, baseball, soccer, cross country, volley ball, basketball, track, wrestling, etc. These activities help to keep students physically fit.	Coaches	August 2018- June 2019	Administration, Coaches of various sports
3. Student health information reviewed with teachers as needed for students in specific classrooms.	Casey Mowrey	August 2018-June 2019	Kasey Mowrey, Administration
4. All students at HHS are required to complete 1 full year of Health Class prior to graduating.	PE Teacher/Guidance Counselors	August 2018 – June 2019	Administration, Guidance Counselors, and Advisory Teachers

5. Nurse stationed at HHS for 5 days per week to assist all students with medical needs and administer daily required medication for students	Kasey Mowrey	August 2018- June2019	Kasey Mowrey, Administration
6. American Red Cross Blood Drives are held 2 times per year at Hampshire High School by the HOSA student group which is part of the Health Infomatics CTE Program	Kristie Long, Health Infomatics Instructor	August 2018- June2019	Kristie Long, Administration
7. All Seniors shot records are review prior to their Senior year to insure that all students have the required Meningitis Vaccine requirement.	Kasey Mowrey	August 2018- June2019	Kasey Mowrey, Administration
8. Flu Shots offered to staff and students each year in October.	Kasey Mowrey	October 2018	Kasey Mowrey, Administration
9. Vending machines-offer healthy choices – Water, Lifewater,etc.	Administration	August 2018- June 2019	Administration
10. All students have an opportunity to request a 2 nd Chance Breakfast that is provided the last 10 minutes of the 1 st period class everyday.	Cooks, Teachers, Administration	August 2018- June 2019	Cooks, Teachers, Administration
11. Hampshire High offers a pregnancy prevention class in the fall and spring for all students.	Kasey Mowrey	Fall 2018 Spring 2019	Kasey Mowrey, Administration
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