

Action Work Plan for School Year 2021-2022

Issue Area: *Strengthening Local Wellness Councils*

Eating at School is Cool

Fruitful Fundraising

(Circle One)

Healthy Snacks

Let's Party Let's Play

Rewarding Success



Goal: Hampshire High School students will participate in activities that promote nutritional education, physical activity and overall student wellness.

Objective: Students will have the opportunity to participate in activities that promote nutritional education, physical activity and overall student wellness for a minimum of 6 times during the 2021-2022 school year.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Vision Screening for Drivers Education students and others as referred.	Julieanne Buckley and Rhonda Dante	Sept. 2021	Julieanne Buckley and Rhonda Dante
Pregnancy prevention class by Health Department	Rhonda Dante & Health Department	Oct. 2021	Rhonda Dante and Biology Teachers
Flu Vaccinations for students and staff	Rhonda Dante & Health Department	Oct. 2021	Rhonda Dante
Health occupations pathway available	Kristie Long	Annually	Kristie Long & Adam Feazell
PE, Team Sports, Weight Training, Parenting & Strong Families, Public Law & Safety, Agricultural Leadership, Animals Production, Fruit & Vegetable production classes available	Various Teachers of each course	Annually	Teachers of the respective course, Counselors, Administration
A variety of athletic teams available for student participation	Various Coaches and Trey Stewart, AD	Annually	Coaches and Athletic Director
Mental health counselor and outside counselors meet with individuals on an as-needed basis	County Social Workers	2021-2022 school year	Superintendent and Administration
Grab-n-Go lunch and breakfast option	Cooks	2021-2022	Amy Haines

Presidential Physical Fitness Challenge	Physical Education Teachers	Annually	Physical Education Teachers
Nurse on campus	Rhonda Dante	Annually	Board Level Administration
Rape aggression Defense (RAD) class for females	Officer Carter	Fall and Spring	Officer Carter
After-school tutoring with snacks	Hired Tutors	Fall and Spring	Principal, Amy Haines, Personnel Director
Blood Drives	Kristie Long	3-4 times throughout the school year	Kristie Long
HOSA membership availability	Kristie Long	Annually	Kristie Long
Safety Interns	PRO	2021-2022 School year	PRO
Drug Testing	Safe-sport testing group	Annually	Administration, Athletic Director, Nurse
Freshman Orientation and Transition Day	Freshman Teachers	Summer 2021	Administration
Mental and physical health clinic on campus	E.A. Hawse	2021-2022	County Office/Administration/E.A. Hawse
Free Sports Physicals	E.A. Hawse physician, Trey Stewart, Kari Judy	July 2021	E.A. Hawse/Kari Judy
Full-time Athletic Trainer on campus	Kari Judy, AT & Trey Stewart, AD	Annually	County Office/Kari Judy/Trey Stewart
Summer breakfast and lunch for summer activities	Amy Haines	August 2021	Amy Haines, summer cook, coaches
5 th Block Tutoring and snack	Administration, Amy Haines, Lead Teacher	2021-2022 School year	Administration/Amy Haines