

Action Work Plan for School Year 2021-22

JJC



Issue Area: Other School-Based Activities to Promote Student Wellness

Goal: To strengthen student awareness to improve and take part in their own nutrition and wellness

Objective: To complete following activities at 100%

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Bulletin board in the cafeteria to focus on Nutrition and wellness	Cook, PE Teacher, Classroom Teachers	Monthly/ Bimonthly	Administrator
Nutrition Education integrated into other subjects	Classroom Teacher	Throughout the year	Administrator
Health CSO's	PE Teacher	Rotating schedule throughout the year	Administrator
Hand washing Presentation (Primary Grades)	School Nurse	Once	School Nurse
Dental Health Presentation	School Nurse	Once	School Nurse
Cardiac Program	5th grade Teacher/ Cardiac Program Coordinator	Once	School Nurse
Red Ribbon Week Activities	Classroom Teachers	October	Guidance Counselor

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Issue Area: Physical Activity and Other School-Based Activities to Promote Student Wellness



Goal: To strengthen parent involvement/ awareness to improve student wellness

Objective: To distribute information to parents throughout the year as outlined in the activities below

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Nutrition Nuggets Newsletter	Office Staff	Monthly	Administrator
Community Access to schools playground and basketball courts after school hours.		Throughout the year	N/A
Cardiac Program	5th grade Teacher/ Cardiac Program Coordinator	Once	School Nurse
Vision and Hearing Screenings (newly enrolled students, PK, K, 1 st , and other students upon referral	School Nurse and Speech Therapist	Once in the Fall Semester and as needed there after	School Nurse/ Speech Therapist

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Issue Area: Physical Activity and Other School-Based Activities to Promote Student Wellness



Goal: To strengthen parent involvement/ awareness to improve student wellness

Objective: To distribute information to parents throughout the year as outlined in the activities below

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Physical Education Classes minimum 40 minutes 3 X's per week	PE teacher	Throughout the year	Administrator
Physical activity and movement shall be integrated, when possible, across the curricula throughout the day	Classroom Teachers	Daily when possible	Classroom teacher
Pumpkin Race	PE Teacher	October	PE Teacher

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Issue Area: Breakfast Strategies

Goal: To strengthen student awareness to improve and take part in their own nutrition and wellness

Objective: To implement a school wide breakfast initiative

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Students will be offered a hot breakfast in the classroom.	Administrator/ Cafeteria Manager	Throughout the year/ daily	Administrator/ Cafeteria Manager