

April 3- April 28, 2023

**April Hampshire High School**  
**Breakfast and Lunch Menu**  
 Let's Go Trojans!

MONDAY	TUESDAY	WV WEDNESDAY State Grown & Produced Products	THURSDAY	FRIDAY
3 <b>No School</b>	4 <b>No School</b>	5 <b>No School</b>	6 <b>No School</b>	7 <b>No School</b>
10 <b>No School</b>	11 B – Egg & Cheese Omelet, Peach Cup, Juice, Milk  L-Smokehouse Burgers w/ BBQ Sauce & Onion Rings ( <b>WV Hamburger</b> ) or Cheeseburger, Cole Slaw, Mixed Fruit, Milk	12 B - <b>WV Chicken Biscuit Sandwich</b> , Strawberry Cup, Juice, Milk  L- <b>WV Chili</b> W/ Cinnamon Roll or <b>WV Pulled Pork</b> Sandwich, Corn, Peaches, Milk	13 B- Pancake Parfait, Juice, Apple Slices, Milk  L – Tangerine Chicken or Turkey & Cheese Wrap, Fried Rice, Steamed Broccoli, Mandarin Oranges, Milk	14 B – Breakfast Burrito, Diced Pear Cup, Juice, Milk  L- Rigatoni w/ Sauce or Pork Rib Patty, Steamed Carrots, Pears, Milk
17 B-Breakfast Pizza, Pineapple Cup, Juice, Milk  L –Hot Dog, Waffle Fries, Baked Beans, Mandarin Oranges, Milk	18 B - Mini Maple Pancakes, Yogurt, Orange, Juice, Milk  L-Mashed Potato Bowl w/ Popcorn Chicken or Chicken Patty Sandwich, Corn, Peaches, Milk	19 B – Cinnamon Roll Minis, Yogurt, Applesauce Cup, Juice, Milk  L- Spaghetti w/ <b>WV Meat sauce</b> or Cheesy Pull Apart Italian Cheeses & Garlic, Banana, Milk	20 B – Cereal Choice, Yogurt w/Mix-In, Banana, Juice, Milk  L- Tomato Soup, Grilled Cheese or Ham & Cheese Croissant Pineapple, Milk	21 B - French Toast Sticks, Peach Cup, Juice, Milk  L Chicken Fajita Wrap or Chicken Fajita Salad, Mixed Fruit, Milk
24 B- YoGo Specialty Drink, Breakfast Pizza, Banana, Juice, Milk  L- Chicken Strips, Waffle Fries, Baked Beans, Cornbread, Peaches, Apple, Milk	25 B- Donut or Banana Split Breakfast Bar & Orange, Juice Milk  L- Chicken Alfredo or Chicken Biscuit Sandwich, Peas, Banana, Applesauce, Milk	26 B – Mini Pancakes, Yogurt Diced Peach Cup, Juice, Milk  L- <b>WV Chili</b> & Cheese Fries or Pretzels & Chili & Cheese Sauce, Cheese Stick, Mixed Fruit, Milk	27 B – Snack'n Waffle, Yogurt, Mandarin Orange Cup, Juice, Milk  L- Taco Bar ( <b>WV taco meat</b> , cheese, chips, salsa) or Roast Beef & Provolone on Pretzel Bun, Kidney Beans, Orange, Milk	28 <b>B-</b> , Soft Pretzel w/ Cheese, Yogurt, Juice, Strawberry Cup, Milk  L- Boneless Chicken Wings or Cheesy Pull Apart Southwest Queso, Apple, Milk

This institution is an equal opportunity provider.

\*\*\* Menus subject to change due to inclement weather and product availability\*\*\*