



High School Menu

This institution is an equal opportunity provider.

July 31- August 11, 2023

MONDAY	TUESDAY	WV WEDNESDAY WV State Grown Products & Produced	THURSDAY	FRIDAY
*** Menus subject to change due to inclement weather and product availability***		Salad bar will be available daily at lunch.	WV Wednesday features WV grown & produced items.	
31 B- Sausage Egg & Cheese Bagel Juice, Yogurt, Fresh Fruit, Milk L- Chicken Wing Day (Garlic Parmesan or BBQ flavored wings) Kidney Beans, Steamed Broccoli Fresh Fruit, Garden Bar, Milk	1 B - Pancake On A Stick, Yogurt Sunshine Smoothie Juice, Fresh Fruit, Milk L-Steak & Cheese Sub w// Peppers & Onions, Onion Rings Steamed Carrots Applesauce Fresh Fruit, Garden Bar, Milk	2 B – French Toast, Yogurt Strawberry Applesauce Cup Juice, Fresh Fruit, Milk L- Baked Potato Bar w/ WV Chili Sauce , Shredded Cheese, Pinto Beans, Garden Bar, Fresh Fruit Milk	3 B – Breakfast Pizza, Yogurt Chex Mix, Peach Cup, Fresh Fruit Juice, Milk L- Chicken Drumsticks, Mashed Potatoes, Green Beans, W/W Roll Pears, Garden Bar, Fresh Fruit Milk	4 B - WV Chicken Biscuit Sandwich , Strawberry Cup Juice, Fresh Fruit, Milk L – Pizza Choice (Buffalo/ Pepperoni/ Cheese) Mozzarella Sticks w/ Marinara, Corn, Mixed Fruit, Garden Bar, Fresh Fruit Milk
7 B –Cereal Choice, Yogurt, Juice Fresh Fruit, Milk L- Meatball Sub, (Shredded Cheese & Marinara) Coated Seasoned Potatoes, Fresh Fruit, Garden Bar Milk	8 B-Extravaganza, Yogurt Chex Mix, Juice, Fresh Fruit, Milk L- Orange Chicken, Rice, Steamed Broccoli, Eggroll Blueberry Crisp Peaches, Fresh Fruit, Garden Bar Milk	9 B – Egg & Cheese Omelet, Yogurt, Juice, Fresh Fruit, Milk L- Tacos or Loaded Nachos Tray (WV taco meat , Shredded Cheese, Salsa, Diced Tomatoes, Shredded Lettuce) Refried Beans, Steamed Broccoli, Fresh Fruit Mixed Fruit, Garden Bar, Milk	10 B – Breakfast Burrito, Cereal Peach Cup, Purple Smoothie Juice, Fresh Fruit, Milk L- Chicken Patty on W/W Bun or Chicken Tenders, Pinto Beans Potatoes Au Gratin, Garden Bar Fresh Fruit Milk	11 B - WV Pancake & Sausage Sandwich , Cinnamon Applesauce Cup, Fresh Fruit Juice, Milk L – Pizza Choice (Buffalo/ Pepperoni/ Cheese) Stuffed Bread Stick w/ Marinara, Peas Pears, Garden Bar, Fresh Fruit Milk