




AUGUST

Middle School Menu

SCHOOL ATTENDANCE MATTERS IN HAMPSHIRE COUNTY! "STRIVE FOR FIVE"

This institution is an equal opportunity provider.

August 21- September 1, 2023

MONDAY	TUESDAY	WV WEDNESDAY WV State Grown Products & Produced	THURSDAY	FRIDAY
<p>*** Menus subject to change due to inclement weather and product availability***</p>			<p>WV Wednesday features WV grown & produced items.</p>	
<p>21 B- Sausage Egg & Cheese Bagel Juice, Yogurt, Fresh Fruit, Milk</p> <p>L- Chicken Wing Day (Garlic Parmesan or BBQ flavored wings) Kidney Beans, Steamed Broccoli Veggies w/ Dip, Fresh Fruit, Milk</p>	<p>22 B - Pancake On A Stick, Yogurt Sunshine Smoothie Juice, Fresh Fruit, Milk</p> <p>L-Steak & Cheese Sub w/ Peppers & Onions, Onion Rings Steamed Carrots, Applesauce Fresh Fruit, Spring Salad Mix w/ Tomatoes & Cucumbers, Milk</p>	<p>23 B – French Toast, Yogurt Strawberry Applesauce Cup Juice, Fresh Fruit, Milk</p> <p>L- Baked Potato Bar w/ WV Chili Sauce, Shredded Cheese, Pinto Beans, Spring Salad Mix w/ Tomatoes & Cucumbers, Fresh Fruit, Milk</p>	<p>24 B – Breakfast Pizza, Yogurt Chex Mix, Peach Cup, Fresh Fruit Juice, Milk</p> <p>L- Chicken Drumsticks, Mashed Potatoes, Green Beans, W/W Roll Pears, Garden Bar, Spring Salad Mix w/ Tomatoes & Cucumbers Fresh Fruit, Milk</p>	<p>25 B - WV Chicken Biscuit Sandwich, Strawberry Cup Juice, Fresh Fruit, Milk</p> <p>L – Pizza Choice (Buffalo/ Pepperoni/ Cheese) Mozzarella Sticks w/ Marinara, Corn, Mixed Fruit, Fresh Fruit, Milk</p>
<p>28 B –Cereal Choice, Yogurt, Juice Fresh Fruit, Milk</p> <p>L- Meatball Sub, (Shredded Cheese & Marinara) Coated Seasoned Potatoes, Applesauce, Veggies w/ Dip, Fresh Fruit Milk</p> <p>First day for Pre-K/Head Start</p>	<p>29 B-Extravaganza, Yogurt Chex Mix, Juice, Fresh Fruit, Milk</p> <p>L- Orange Chicken, Rice Steamed Broccoli, Eggroll Blueberry Crisp Peaches, Fresh Fruit, Spring Salad Mix w/ Tomatoes & Cucumbers Milk</p>	<p>30 B – Egg & Cheese Omelet Yogurt, Juice, Fresh Fruit, Milk</p> <p>L- Tacos or Loaded Nachos (WV taco meat, Shredded Cheese, Salsa, Diced Tomatoes Shredded Lettuce) Refried Beans, Steamed Broccoli, Fresh Fruit Mixed Fruit, Spring Salad Mix w/ Tomatoes & Cucumbers Milk</p>	<p>31 B – Breakfast Burrito, Cereal Peach Cup, Purple Smoothie Juice, Fresh Fruit, Milk</p> <p>L- Chicken Patty on W/W Bun or Chicken Tenders, Kidney Beans Potatoes Au Gratin, Veggies w/ Dip, Fresh Fruit Milk</p>	<p>1 B - WV Pancake & Sausage Sandwich, Cinnamon Applesauce Cup, Fresh Fruit Juice, Milk</p> <p>L – Pizza Choice (Pepperoni/ Cheese) Mozzarella Stick w/ Marinara, Peas, Peaches Fresh Fruit, Milk</p>