







# October

This institution is an equal opportunity provider. **ATTENDANCE MATTERS IN HAMPSHIRE COUNTY SCHOOLS! "STRIVE FOR FIVE"**

October 2 -October 31, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3 Club Sandwich Juice Box Fresh Veggies w/ dip Fresh Fruit Milk	4 	5 Italian Sub Fresh Fruit Pretzels Fresh Veggies w/ dip Milk	6 *** Menus subject to change due to inclement weather and product availability***
9 <b>No School For Students</b> 	10 <b>No Grab &amp; Go</b>	11	12 Chips & Salsa Uncrustable Fresh Fruit Fresh Veggies w/ Dip Milk	13
16	17 Ham & Cheese Croissant (Lettuce & Tomato) Mozzarella Cheese Stick Veggies w/ Dip Fresh Fruit Milk End 1 <sup>st</sup> nine weeks/midterms (HHS)	18	19 Club Sandwich Juice Box Fresh Veggies w/ dip Fresh Fruit Milk	20
23	24 P & J Uncrustable Veggies w/ Dip Yogurt Fresh Fruit Cheese Stick Milk	25	26 Lunchable, (Pepperoni, Shredded Cheese, Nano Bread Bites w/ Marinara) Fresh Veggies w/ dip Fresh Fruit Milk	27 
30	31 Ham & Cheese Croissant (Lettuce & Tomato) Mozzarella Cheese Stick Veggies w/ Dip Fresh Fruit Milk			