


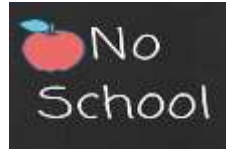




# NOVEMBER

This institution is an equal opportunity provider.

## Elementary Menu

November 1 – November 30, 2023

MONDAY	TUESDAY	WV WEDNESDAY State Grown & Produced Products	THURSDAY	FRIDAY
		<p>1 B-Cinnamon Dunkers, Yogurt Banana, Juice, Milk</p> <p>L-Taco Burrito w Salsa or Loaded Nachos (<b>WV taco meat</b>, cheese sauce, chips salsa) Kidney Beans, Salad, Fresh Fruit, Pears Milk</p>	<p>2 B - Breakfast Burrito, Yogurt, Fresh Fruit, Juice Milk</p> <p>L- Pizza Mozzarella Sticks w/ Marinara Sauce Corn, Cucumbers w/ Ranch Peaches, Milk</p>	<p>3 B – Cereal Choice, Banana &amp; Granola Yogurt Parfait, Cinnamon Applesauce Cup, Juice, Milk</p> <p>L- <b>WV Cheeseburger</b>, Baked Beans, Smiley Fries, Applesauce Milk</p>
<p>6 B- Soft Pretzel w/ Cream Cheese, Yogurt Juice, Mixed Fruit Cup, Milk</p> <p>L- Sausage Gravy over Biscuits Hash Brown, Egg Patty, Tomato Slices Pears, Milk</p>	<p>7 B - Pancake &amp; Sausage Sandwich Fresh Fruit, Smoothie, Juice, Milk</p> <p>L- Pizza Mozzarella Sticks w/ Marinara Sauce Corn, Cucumbers w/ Ranch Peaches, Milk</p>	<p>8 B- Sausage Egg &amp; Cheese Sandwich, Cereal, Juice, Fresh Fruit, Milk</p> <p>L- <b>WV Salisbury Steak</b>, Mashed Potatoes Gravy, W/W Roll, Green Beans, Pears, Smoothie, Fresh Fruit, Milk</p>	<p>9 B- Breakfast Pizza, Applesauce Cup Fresh Fruit, Juice, Milk</p> <p>L- Chicken Strips, Mac &amp; Cheese Kidney Beans, Cornbread, Fresh Fruit Milk</p>	<p>10 <b>No School Veteran's Day Observed</b></p> <p style="text-align: center;"></p>
<p>13 B- Breakfast Bagel Sausage Egg &amp; Cheese Sandwich, Juice, Fresh Fruit Yogurt, Milk</p> <p>L – Chicken Nuggets Scalloped Potatoes, Pinto Beans, Baby Carrots w/ Dip, Pears, Milk</p>	<p>14 B-Extravaganza, Yogurt, Fresh Fruit Peach Applesauce Cup, Juice, Milk</p> <p>L- <b>Pepperoni Roll (Chico's Morgantown, WV)</b> Oven Fries, Corn, Cucumbers w/ Ranch Peaches, Milk</p>	<p>15 B – <b>WV Chicken Biscuit Sandwich</b> Strawberry Cup Fresh Fruit, Juice Milk</p> <p>L- <b>WV Cheeseburger</b> on W/W Bun Sliced Tomato, Smiley Fries Applesauce, Fresh Fruit, Chocolate Chip Cookie, Milk</p>	<p>16 B – Cereal of Choice, Yogurt w/Mix-In, Fresh Fruit, Juice, Milk</p> <p style="text-align: center;"><b>Holiday Meal</b></p> <p>L- Roast Turkey, Mashed Potatoes w/ Gravy, Green Beans, Cranberry Sauce Dinner Roll, Tropical Fruit, Pumpkin Pie Milk</p>	<p>17 B – Egg &amp; Cheese Bagel, Yogurt Cinnamon Applesauce Cup, Fresh Fruit Milk</p> <p>L – Pizza Peas, Pinto Beans, Baby Carrots w/ Dip, Pears, Milk</p>
			 <b>No School</b>	
<p>27 B- Muffin Choice, Yogurt, Juice, Cinnamon Applesauce Cup, Fresh Fruit Milk</p> <p>L- Chicken Alfredo, W/W Roll, Pinto Beans, Cucumbers w/ Dip, Mixed Fruit, Fresh Fruit, Milk</p>	<p>28 B- Sausage Egg &amp; Cheese Sandwich, Cereal, Juice, Fresh Fruit, Milk</p> <p>L- <b>WV Salisbury Steak</b>, Mashed Potatoes Gravy, W/W Roll, Green Beans, Pears, Blueberry Crisp, Fresh Fruit, Milk</p>	<p>29 B – <b>WV Pancake &amp; Sausage Sandwich</b>, Peach Cup, Fresh Fruit Juice, Milk</p> <p>L- Spaghetti w/ <b>WV Meat sauce</b>, Texas Toast, Cheese Stick, Corn Salad w/ Tomatoes and Cucumbers Peaches, Milk</p>	<p>30 B- Pancake On A Stick, Peach Applesauce Cup, Fresh Fruit, Juice Milk</p> <p>L- Pizza Choice, Corn, Baby Carrots w/ Dip, Applesauce, Fruit, Milk</p>	

\*\*\* Menus subject to change due to inclement weather and product availability\*\*\*