

January

This institution is an equal opportunity provider.

Middle School Menu

January 1-January 31, 2024

MONDAY	TUESDAY	WV WEDNESDAY State Grown & Produced Products	THURSDAY	FRIDAY
<p>1</p> 	<p>2</p> <p>No School</p> 	<p>3</p> <p>B- Breakfast Burrito Egg/ Sausage/ Cheese, Yogurt, Applesauce Cup Fresh Fruit, Juice, Milk</p> <p>L- WV Salisbury Steak, Cheesy Potatoes, Gravy, W/W Roll Green Beans, Pears, Fresh Fruit Blueberry Crisp, Milk</p>	<p>4</p> <p>B - WV Pancake & Sausage Patty Sandwich, Fresh Fruit, Juice, Milk</p> <p>L – Pizza Choice (Pepperoni/ Cheese) Stuffed Bread Stick w/ Marinara, Peas Veggies w/ Dip Peaches, Fresh Fruit, Milk</p>	<p>5</p> <p>B- W/W Donuts, Yogurt, Fruit Cup, Juice, Fresh Fruit Milk</p> <p>L- Chicken Nuggets or Pizza Peas, Scallop Potatoes, Applesauce, Fresh Fruit, Milk</p>
<p>8</p> <p>B- Soft Pretzel w/ Cheese, Yogurt Juice, Fruit Cup, Fresh Fruit, Milk</p> <p>L –Nachos w/ Chili & Cheese Sauce Steamed Broccoli, Salad, Mixed Fruit Fresh Fruit, Milk</p> <p>Report Card Day</p>	<p>9</p> <p>B - Pancake On A Stick, Yogurt, Cinnamon Applesauce Cup, Fresh Fruit, Juice, Milk</p> <p>L- Beef Rotini, W/W Roll, Green Beans Applesauce, Fresh Fruit, Garden Bar, Milk</p>	<p>10</p> <p>B - Chicken Biscuit Sandwich Peach Applesauce Cup, Fresh Fruit, Juice, Milk</p> <p>L- WV Cheeseburger, W/W Bun Lettuce/Tomato, Pinto Beans Veggies w/ Dip, Mixed Fruit Fresh Fruit, Milk</p>	<p>11</p> <p>B- Egg & Cheese Bagel, Yogurt, Fruit Cup, Fresh Fruit, Juice Milk</p> <p>L- Orange Chicken, Rice Pilaf Steamed Broccoli, Refried Beans Egg Roll, Pears, Fresh Fruit, Veggies w/ Dip, Milk</p>	<p>12</p> <p>B – French Toast, Yogurt, Fruit Cup, Fresh Fruit, Juice, Milk</p> <p>L- Hot Dog on W/W Bun or Pizza, Scallop Potatoes Steamed Carrots, Pudding Fresh Fruit, Milk</p>
<p>15</p> <p>No School</p> 	<p>16</p> <p>B- Sausage Egg & Cheese Bagel Juice, Fresh Fruit, Yogurt, Milk</p> <p>L- Chicken Wing Day (Garlic Parmesan or BBQ flavored wings) Kidney Beans, Steamed Broccoli Fresh Fruit, Milk</p>	<p>17</p> <p>B French Toast Sticks, Yogurt Applesauce Cup, Fresh Fruit Juice, Milk</p> <p>L- Spaghetti w/ WV Meat sauce Texas Toast, Cheese Stick, Corn Pears, Spring Salad Mix w/ Tomatoes & Cucumbers, Milk</p>	<p>18</p> <p>B – Breakfast Pizza, Yogurt Chex Mix, Fruit Cup, Fresh Fruit, Juice Milk</p> <p>L- Chicken Drumsticks, Mashed Potatoes, Green Beans, W/W Roll Pears, Fresh Fruit, Milk</p>	<p>19</p> <p>B- Cereal Choice, Extravaganza Yogurt, Cinnamon Applesauce Cup Juice, Fresh Fruit, Milk</p> <p>L – Chicken/Bean & Cheese Burrito w/ Salsa, Baby Carrots w/Ranch, Steamed Corn, Mixed Fruit, Fresh Fruit Pudding, Milk</p>
<p>22</p> <p>B - WV Pancake & Sausage Sandwich, Cinnamon Applesauce Cup, Juice, Milk</p> <p>L – Pizza Choice (Pepperoni/ Cheese) Stuffed Bread Stick w/ Marinara, Peas, Veggies w/ Dip Peaches, Fresh Fruit, Milk</p>	<p>23</p> <p>B- W/W Donuts, Yogurt Chex Mix Peach Applesauce Cup, Juice Milk</p> <p>L- Chicken Alfredo, W/W Roll Peas Spring Salad Mix w/ Tomatoes & Cucumbers, Fresh Fruit, Milk</p>	<p>24</p> <p>B- Extravaganza, Yogurt Chex Mix Fruit Cup, Juice, Milk</p> <p>L-WV Soup Day Choice of Tomato or Potato Soup, Grilled Cheese Spring Salad Mix w/ Tomatoes & Cucumbers, Fresh Fruit, Milk</p>	<p>25</p> <p>B – French Toast, Yogurt, Peach Applesauce Cup, Fresh Fruit, Juice Milk</p> <p>L- Meatball Sub, (Shredded Cheese & Marinara) Coated Seasoned Potatoes Pinto Beans, Fresh Fruit Milk</p>	<p>26</p> <p>B - Cheese/Egg/Sausage Bagel Yogurt, Fruit Cup, Fresh Fruit, Juice, Milk</p> <p>L-Chicken Nuggets w/ Sauces or Pizza, Corn, Pears, Fresh Fruit, Milk</p>
<p>29</p> <p>B- Breakfast Burrito, Yogurt Strawberry Applesauce Cup, Fresh Fruit, Juice, Milk</p> <p>L- Mac & Cheese Bowl w/ Chicken Strips or Chicken/ Cheese/ Rice Burrito, Kidney Beans, Peaches, Fresh Fruit, Milk</p>	<p>30</p> <p>B- Colby Cheese Omelet, Sausage Patty Yogurt, Fresh Fruit, Juice, Milk</p> <p>L- Boneless Wing Day (Sriracha or Plain with Ranch) Oven Fries, Fresh Fruit, Spring Salad Mix w/ Tomatoes & Cucumbers, Milk</p>	<p>31</p> <p>B- Blueberry Muffin, Cereal, Yogurt Juice, Fresh Fruit, Fruit Cup, Milk</p> <p>L- Chicken Alfredo, W/W Roll, Steamed Broccoli, Salad, Applesauce, Fresh Fruit, Milk</p>	<p>*** Menus subject to change due to inclement weather and product availability***</p>	