

County/Sponsor:

Contact Person:

Action Work Plan for School Year 2019-2020 Issue Area:

- (Check One) Nutrition Promotion and Education Nutrition Guidelines
 Physical Activity Other School-Based Activities to Promote Student Wellness

(Areas of focus may include, but are not limited to: Strengthening Local Wellness Councils & Policy, Public Notification, Fundraising, Breakfast Strategies, Scratch Cooking, Healthy Snacks, Farm to School, Share Tables, Feed to Achieve, Smarter Lunchrooms, School Gardens, After School Running Clubs)

Goal: Our Goal is to develop an action plan focused on strengthening and enriching the emotional, physical, and mental wellness of students and staff at Augusta Elementary School.

Objective: The objective is to educate and inform staff in the areas of childhood brain development and Trauma Response. Additionally, we seek to provide all students with healthy strategies and choices for managing stress, anxiety, and trauma that negatively impacts growth and development.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Continued Professional Development via staff book studies. 2019-20 "Help for Billy" with study guide 2019-20 "Trauma Sensitive Schools"	Brenda J. Omps	School year 2019-20	Brenda J. Omps - Principal
Completion of the outdoor sensory pathway	School PTO, Local School Improvement Council, Tina Gower	School year 2019-20	Brenda J. Omps - Principal Tina Gower - PreK Aide
Completion of indoor activity walkway	School PTO, Local School Improvement Council, Troy Crane, Cheryl Buck, Tina Gower	School year 2019-20	Brenda J. Omps - Principal Troy Crane - Phys Ed. Teacher Cheryl Buck - 3rd grade teacher
Continued OLWEUS Anti-bullying program including weekly classroom meetings	Classroom Teachers and Christina Brode	School year 2019-20	Christina Brode - Guidance Counselor

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GaGa Student Challenge	Troy Crane	Spring 2020	Troy Crane - Physical Education Teacher
Great Pumpkin Race - 4th and 5th Grade county-wide event	Troy Crane	Aug. 20, 2019 thru Oct. 16, 2019	Troy Crane - Physical Education Teacher
Fitness Gram	Troy Crane	School year 2019-20	Troy Crane - Physical Education Teacher
Girls on the Run	Becky McBride	School Year 2019-20	Becky McBride - 5th grade teacher

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Growth Mindset	Classroom Teachers	School year 2019-20	Brenda J. Omps - Principal Classroom Teachers
Mindfulness and Movement	Classroom Teachers	School year 2019-20	Brenda J. Omps - Principal Classroom Teachers