

# Action Work Plan for School Year 2019-2020 Issue Area:

*Strengthening Local Wellness Councils*  
(Circle One)

*Eating at School is Cool*

*Fruitful Fundraising*

*Healthy Snacks*

*Let's Party Let's Play*

*Rewarding Success*



**Goal:** Hampshire High School students will participate in activities that promote nutritional education, physical activity and overall student wellness.

**Objective:** Students will have the opportunity to participate in activities that promote nutritional education, physical activity and overall student wellness for a minimum of 6 times during the 2019-2020 school year.

Activities	Person Responsible	Timeline	Person (s) to Monitor Progress
Vision Screening for Drivers Education students and others as referred.	Julianne Buckley and Rhonda Dante	Sept. 2019	Julianne Buckley and Rhonda Dante
Pregnancy prevention class by Health Department	Rhonda Dante & Health Department	Oct. 2019	Rhonda Dante and Biology Teachers
Flu Vaccinations for students and staff	Rhonda Dante & Health Department	Oct. 2019	Rhonda Dante
Health occupations pathway available	Kristie Long	Annually	Kristie Long & Adam Feazell
PE, Team Sports, Weight Training, Parenting & Strong Families, Public Law & Safety, Agricultural Leadership, Animals Production, Fruit & Vegetable production classes available	Various Teachers of each course	Annually	Teachers of the respective course, Counselors, Administration
A variety of athletic teams available for student participation	Various Coaches and Trey Stewart, AD	Annually	Coaches and Athletic Director
Mental health counselor once a week and outside counselors meet with individuals on an as-needed basis	Randy Henderson	2019-2020 school year	Superintendent and Administration
Grab-n-Go lunch and breakfast option	Cooks	2019-2020	Amy Haines

Presidential Physical Fitness Challenge	Physical Education Teachers	Annually	Physical Education Teachers
Nurse on campus	Rhonda Dante	Annually	Board Level Administration
Rape aggression Defense (RAD) class for females	Officer Carter	Fall and Spring	Officer Carter
After-school tutoring with snacks for six weeks in the fall and six weeks in the spring	Hired Tutors	Fall and Spring	Principal, Amy Haines, Personnel Director
Blood Drives	Kristie Long	3-4 times throughout the school year	Kristie Long
HOSA membership availability	Kristie Long	Annually	Kristie Long
Safety Interns	Officer Carter	2019-2020 School year	Officer Carter
Drug Testing	Safe-sport testing group	Annually	Administration, Athletic Director, Nurse
Freshman Orientation and Transition Day	Freshman Teachers	Summer 2019	Administration