



County/Sponsor: Hampshire County Schools

Contact Person: Amy Haines

SCHOOL: Springfield Green Spring Elementary School

ACTION WORK PLAN FOR SCHOOL YEAR 2022-2023

Issue Area: (Check One) Nutrition Promotion and Education Nutrition Guidelines

Physical Activity Other School-Based Activities to Promote Student Wellness

GOAL: To strengthen student awareness to improve and take part in their own nutrition and wellness

Objective: To complete following activities at 100%

Activities	Person Responsible	Timeline	Person(s) to Monitor Progress
Bulletin Board in the cafeteria to focus on Nutrition and Wellness	Cook, PE Teacher, Classroom Teachers	Monthly/ Bimonthly	Administrator
Nutrition Education integrated into other subjects	Classroom Teacher	Throughout the year	Administrator

Hand washing presentation (Primary Grades)	School Nurse	Once	School Nurse
Dental Health Presentation	School Nurse	Once	School Nurse
Cardiac Program	5 th Grade Teacher/Cardiac Program Coordinator	Once	5 th Grade Teacher/Cardiac Program Coordinator
Red Ribbon Week Activities	Guidance Counselor	October	Guidance Counselor
Monthly Newsletter which will include Nutrition Facts	Administrator and School Secretary	Monthly	Administrator and School Secretary
Community Access to school playground and basketball courts after school hours.	Individuals are welcome however County and School Not Responsible	Throughout the year	Not monitored
Vision and Hearing Screenings (newly enrolled students, K, 1 st and other students upon referral	School Nurse and Speech Therapist	Once in the Fall Semester and as needed thereafter	School Nurse/Speech Therapist
Physical Education Classes minimum 40 minutes 3 X's per week	PE Teacher	Throughout the year	Administrator

Physical activity and movement shall be integrated, when possible, across the curricula throughout the day	Classroom Teachers	Daily when possible (Recess)	Classroom Teachers
Pumpkin Race	PE Teacher	October	PE Teacher
County Spring Field Day	PE Teacher	Spring	PE Teacher

