



County/Sponsor: Hampshire County Schools

Contact Person: Amy Haines

SCHOOL: Augusta Elementary

**ACTION WORK PLAN FOR SCHOOL YEAR 2022-23**

Issue Area: (Check One)  Nutrition Promotion and Education     Nutrition Guidelines  
 Physical Activity     Other School-Based Activities to Promote Student Wellness

**GOAL:** The students and staff at Augusta Elementary School will continue to participate in activities focused on strengthening, informing, and enriching the social, emotional, mental, and physical wellness of all stakeholders.

**Objective:** The objective is to continue to educate and inform staff in the areas of brain development, social-emotional learning, growth mindset, and physical wellness. We seek to provide staff and students with an understanding of healthy choices as they relate to anxiety reduction, stress management, and academic success.

Activities	Person Responsible	Timeline	Person(s) to Monitor Progress
Breathe for Change Training	Professional Development approved by the County	Summer of 2022 200-hour program	Brenda J. Omps-Principal
Implementation of Staff/Student Yoga Meditation program—after school	Brenda J. Omps-CYT 200 Trainer	October 2022—May 2023	Brenda J. Omps-Principal and Yoga team (Kim Smith, Charlotte Woleslagle)

Implementation of Capturing Kid's Hearts Social-Emotional Learning Program	County Purchased for Augusta Elementary/ Classroom teachers will implement	September 2022-May 2023	Brenda J. Omps-Principal School Leadership Team
Implementation of annual Schoolwide PBIS Program	PBIS Team	School year 2022-23	Brenda J. Omps-Principal Heather Feeney & Brooke Edwards – PBIS Co-chairs
PBIS Physical Activities and Events	PBIS Team	School Year 2022-23	Heather Feeney & Brooke Edwards—PBIS Co-Chairs
Mindful Minute	Christina Brode—Guidance Counselor Classroom Teachers	School year 2022-23	Christina Brode—Guidance Counselor
PreK thru 5 <sup>th</sup> grade are offered recess a minimum of 30 minutes per day 5 days per week	Classroom Teachers/aides	School Year 2022-23	Brenda J. Omps - Principal
Physical Education class is offered to grades K thru 5 for 40 minutes per day 3 days per week	Troy Crane & Brooke Judy— Physical Education Teachers	School Year 2022-23	Brenda J. Omps- Principal Troy Crane-Phys Ed Teacher
Yoga Stretches & Exercise Breaks	Classroom Teachers/Aides	School Year 2022-23	Brenda J. Omps-Principal Leadership Team
Brain Breaks	Classroom Teachers/Aides	School Year 2022-23	Brenda J. Omps-Principal Leadership Team
Pumpkin Race Training and The Pumpkin Race	Troy Crane—Phys Ed Teacher	October 2022	Troy Crane—Phys Ed Teacher
County Field Day	Troy Crane—Phys Ed	May 2023	Troy Crane---Phys Ed Teacher
Growth Mindset Practices	School Staff	School Year 2022-23	Leadership Team
Monthly Mantra	School Social Worker	School Year 2022-23	Kim Smith—School Social Worker
Growing Up classes for 5 <sup>th</sup> Grade	Renee Adams-School Nurse	School Year 2022-23	Renee Adams—School Nurse
Vision Screening	Renee Adams—School Nurse	School Year 2022-23	Renee Adams—School Nurse

Hearing Screening	Wendy Anderson—Speech Pathologist	School Year 2022-23	Wendy Anderson—Speech Pathologist
Handwashing Training with PreK	Renee Adams—School Nurse	School Year 2022-23	Renee Adams—School Nurse
Height & Weight Screenings for PreK through Headstart	Renee Adams—School Nurse	School Year 2022-23	Renee Adams---School Nurse
Dental Hygiene Program Grades PreK -- 2nd	Renee Adams with Local Dentist	Spring 2023	Renee Adams—School Nurse
Classroom meetings to combat Bullying and build relational capacity	Classroom Teachers	School Year 2022-23	Renee Adams---School Nurse
Grab and Go Breakfast	Katie Buckley--Cook	School Year 2022-23	Katie Buckley--Cook
Lunch Outside	Classroom Teachers	School Year 2022-23	Brenda J. Omps-Principal Classroom Teachers
Backpack Program times 2	Katie Buckley—Cook Christ Community Church	School Year 2022-23	Amy Haines—Nutrition Director Melanie Alkire—School Secretary
Fresh Fruits / Vegies Grant	Katie Buckley--Cook	School Year 2022-23	Amy Haines—Nutrition Director Katie Buckley--Cook