




August Hampshire High School
Breakfast & Lunch Menu



Let's Go Trojans!

August 22- September 2, 2021

MONDAY	TUESDAY	WV WEDNESDAY WV State Grown Products & Produced	THURSDAY	FRIDAY
<p>*** Menus subject to change due to inclement weather and product availability***</p>		<p>Salad bar will be available every day at lunch. Along with containers to make your own grab & go salads. Salad bar will have juice & yogurt daily.</p> <p>Two different entrees will be offered three days a week during lunch.</p>	<p>Every Monday there will be a specialty drink offered at breakfast. Taste testing's were completed through Pro Start for the flavors.</p> <p>WV Wednesday features WV grown & produced item.</p>	
<p>22 B- YoGo Specialty Drink, Sausage Egg & Cheese Sandwich, Juice, Cantaloupe, Yogurt, Milk</p> <p>L- Salisbury Steak, Mashed Potatoes, Green Beans, Pears, Milk</p>	<p>23 B - Mini Maple Pancakes, Yogurt, Fruit, Juice, Milk</p> <p>L-Tacos or Loaded Nachos Tray (WV taco meat, cheese, chips, salsa)</p> <p>Kidney Beans, Steamed Broccoli, Pineapple, Milk</p>	<p>24 B – Cinnamon Roll Minis, Yogurt, Applesauce Cup, Juice, Milk</p> <p>L- Chicken Nuggets or WV Sloppy Joe, Tatar Tots, Applesauce, Milk</p>	<p>25 B – Breakfast Pizza, Pineapple Cup, Juice, Milk</p> <p>L- Baked Potato Bar W/ WV Chili Sauce, Cheese, Pinto Beans, WV Ranch Flavored Cheese Round Mixed Fruit, Milk</p>	<p>26 B - Chicken Biscuit Sandwich, Strawberry Cup, Juice, Milk</p> <p>L – Pizza Choice (Buffalo/ Pepperoni/ Cheese) or Calzone, WV Pizza Flavored Cheese Round, Tropical Fruit, Milk</p>
<p>29 B – YoGo Specialty Drink, Cereal Choice, Yogurt, Banana, Juice, Milk</p> <p>L- Pancakes w/ Sausage Biscuits & Gravy, Tomato Slices, Pears, Milk</p>	<p>30 B-Extravaganza, Banana, Juice, Milk</p> <p>L- Rigatoni w/ Sauce or Pork Rib Patty, Steamed Carrots, Apple, WV Cheddar Cheese Round, Milk</p>	<p>31 B – Egg & Cheese Omelet, Watermelon, Juice, Milk</p> <p>L- WV Chili W/ Cinnamon Roll or WV Pulled Pork Sandwich, Corn, Peaches, Milk</p>	<p>1 B – Snack'n Waffle, Yogurt, Mandarin Oranges, Juice, Milk</p> <p>L- Taco Bar (WV taco meat, cheese, chips, salsa) Kidney Beans, Mandarin Oranges, Milk</p>	<p>2 B - Pancake & Sausage Sandwich, Pineapple Cup, Juice, Milk</p> <p>L – Grilled Cheese Sandwich or Hot Dog w/ WV Chili Sauce, Sweet Potato Fries, Mandarin Oranges, Milk</p>

This institution is an equal opportunity provider.

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